

Family Studies Department
University of Alberta

Family 357
Human Sexuality

Winter 1984-85

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Course Description: An inquiry into the nature of sexual behavior, its personal and cultural sources and its personal, familial and societal implications.

Class Meeting: T-Th 11:00-12:20
Room Dental Pharmacy 1030

Objectives

The major objective of this course is to provide you with opportunities to explore the area of human sexuality in order to:

- a. Understand your own sexuality including gender related activity, sex related behavior and the place of sexuality within your general social functioning.
- b. Recognize the variety of human sexual behavior and contemporary North American norms.
- c. Identify your beliefs and feelings associated with specific sexual issues such as sex education, contraception, prostitution, masturbation.
- d. Demonstrate an understanding of the physiological, psychological and social aspects of human sexual response.
- e. Demonstrate an understanding of the elements which contribute to a person's sexual behavior such as needs and desires, norms and expectations, cultural expectations, personal decision making.
- f. Develop an understanding of the concept of healthy sexual relationships.

Required Texts

Hyde, Janet. Understanding Human Sexuality. 2nd edition. McGraw-Hill, 1982.

Herold, Edward. Sexual behavior of Canadian young people. Markham, Ontario: Fitzhenry & Whiteside, 1984.

Assignments

	<u>Weight</u>	<u>Written</u>
I. <u>First Test</u>	30%	February 14
II. <u>Second Test</u>	35%	March 21
III. <u>Final Exam</u>	35%	April 18

Course Outline

Date	Topic	Readings
	I. <u>Sexuality in Context</u>	
Jan. 8	The personal context	
Jan. 10	The historical context	Herold, Chapter 6
Jan. 15	The socio-cultural and theoretical context	Herold, Chapter 1 Hyde, Chapter 1
Jan. 17	The ethical/religious context Guests: Ken Higginbotham, and Ron Poirier	Hyde, Chapter 20
Jan. 22	The legal context Guest: Victor Leginsky	Hyde, Chapter 21
	II. <u>Development of Sexual Identity</u>	
Jan. 24	Sex differentiation	Hyde, Chapters 2, 3, 4
Jan. 29	Sex role identification	Hyde, Chapter 13
	III. <u>Human Sexual Functioning</u>	
Jan. 31	Male and female physiology	Hyde, Chapter 14
Feb. 5	Sexual functioning over the life cycle: childhood and adolescence Film: I'm 17, pregnant and don't know what to do	Herold, Chapter 3 Hyde, Chapter 10
Feb. 7	Sexual functioning over the life cycle: adulthood and aging	Hyde, Chapter 11
Feb. 12	FIRST TEST	
Feb. 14	Conception, pregnancy and birth Filmstrips: Human Birth; Life before Birth	Herold, Chapter 10 Hyde, Chapter 5
Feb. 18-24	READING WEEK	

Date	Topic	Readings
Feb. 26	Birth planning Guest: Mary Hinings	Herold, Chapters 7, 8, 9 Hyde, Chapter 6
	IV. <u>Sexual Relationships</u>	
Feb. 28	Dimensions of positive sexual relationships	Hyde, Chapters 12, 16 and 18
Mar. 5	Sexual response cycle Film: Sexuality and Communication	Hyde, Chapters 7, 8
Mar. 7	Heterosexual relationships	Herold, Chapter 2
Mar. 12	Homosexual relationships Guest: Charles Bidwell Film: A Gay Son	Herold, Chapter 4 Hyde, Chapter 15
Mar. 14	Sexual relationships in special conditions Guests: Benita and Orville Fifield	SIECCAN Newsletter 16, 2 (1981) Special Edition Sexuality & Disability page 1-8
Mar. 19	Education for sexuality Guest: Loretta Foley	Herold, Chapters 12 & 13 Hyde, Chapter 22
Mar. 21	SECOND TEST	
	V. <u>Sexual Issues</u>	
Mar. 26	Current issues in human sexuality	Herold, Chapter 5 Hyde, Chapter 23 Hyde, Chapter 17
Mar. 28	Sexual assault and abuse Guest: Duanita Eleniak	
April 2	Sexually transmitted diseases Guest: Bertha Kress.	Herold, Chapter 11 Hyde, Chapter 19
April 4	Pornography and censorship Guest: Lynn Kustra	Report on pornography and prostitution
April 9	Pornography Film: Not A Love Story	

Date	Topic	Readings
April 11	Technological issues in sexuality	Grobstein C., Flower, M. & Mendeloff, J. External human fertilization: An evaluation of policy. <u>Science</u> , 222, 1983, 127-133.
April 18	900 FINAL EXAM	