Appendix B Cost of Living Tables

Each table that follows includes a list of communities that are included in the data sets for that region, a breakdown of the cost of living, and a comparison of the cost of living with each SFI recipient's income and with the Low Income Cut-Off for each family.

We are attempting to compare costs by region rather than by community size and have therefore included the LICO rate that is closest to the community size for most residents in each region. For example Region 1 includes one community between 30,000 and 99,999 (Lethbridge) while the remainder live in communities under 30,000 and in rural areas. The mid-range LICO is therefore that of communities under 30,000.

Table 4: The Cost of Living in Region 1

Region 1 Communities: Blairmore, Cardston, Coaldale, For Macleod, Lethbridge, Milk River, Pincher Creek, Raymond, Taber and Warner.

Item		\$ Per Year	
	Single Female	Lone Female Parent Family	2 Parent Family
Shelter	5,148	6,216	7,188
Food	1,665	4,373	6,420
Communication	458	712	915
Household operation	917	1,425	1,831
Clothing	687	1,068	1,373
Health and personal care	794	1,235	1,587
Recreation and reading material	855	1,330	1,709
Education	214	332	427
Miscellaneous expenses	703	1,092	1,404
Transportation	2,317	2,556	2,794
Total Region 1 Cost of Living	13,758	20,339	25,648
SFI Rate	5,064	11,222	13,586
Annual Shortfall for SFI Recipients	(8,694)	(9,117)	(12,062)
LICO (Communities of less than 30,000)	13,924	21,647	26,205
SFI Rate as a % of Cost of Living	37%	55%	53%

Table 5: The Cost of Living in Region 2

Region 2 Communities: Bassano, Brooks, Medicine Hat, Oyen.

Item		\$ Per Year	
	Single Female	Lone Female Parent Family	2 Parent Family
Shelter	4,884	5,748	6,888
Food	1,761	4,546	6,642
Communication	447	692	910
Household operation	894	1,385	1,820
Clothing	670	1,039	1,365
Health and personal care	<i>775</i>	1,200	1,577
Recreation and reading material	843	1,293	1,699
Education	209	323	425
Miscellaneous expenses	685	1,062	1,395
Transportation	1,975	2,202	2,494
Total Region 2 Cost of Living	13,143	19,490	25,215
SFI Rate	5,064	11,222	13,586
Annual Shortfall for SFI Recipients	(8,079)	(8,268)	(11,629)
LICO (Communities of less than 30,000)	13,924	21,647	26,205
SFI Rate as a % of Cost of Living	39%	58%	54%

Table 6: The Cost of Living in Region 3

Region 3 Communities: Banff, Canmore, Claresholm, High River, Nanton, Okotoks, and Vulcan.

Item	\$ Per Year		
	Single Female	Lone Female Parent Family	2 Parent Family
Shelter	6,036	7,440	8,376
Food	1,635	4,306	6,316
Communication	516	790	988
Household operation	1,032	1,580	1,976
Clothing	774	1,185	1,482
Health and personal care	894	1,369	1,713
Recreation and reading material	963	1,475	1,844
Education	241	369	461
Miscellaneous expenses	791	1,211	1,515
Transportation	3,660	3,660	3,660
Total Region 3 Cost of Living	16,542	23,385	28,328
SFI Rate	5,064	11,222	13,586
Annual Shortfall for SFI Recipients	(11,478)	(12,163)	(14,742)
LICO (Communities of less than 30,000)	13,924	21,647	26,205
SFI Rate as a % of Cost of Living	31%	48%	48%

Table 7: The Cost of Living in Region 4

Region 4 Communities: Calgary and area.

Item	\$ Per Year		
	Single Female	Lone Female Parent Family	2 Parent Family
Shelter	7,200	8,868	8,448
Food	1,635	4,306	6,316
Communication	594	886	993
Household operation	1,189	1,772	1,986
Clothing	891	1,329	1,490
Health and personal care	1,030	1,536	1,721
Recreation and reading material	1,109	1,654	1,854
Education	277	414	463
Miscellaneous expenses	911	1,359	1,553
Transportation	915	1,303	1,841
Total Region 4 Cost of Living	15,751	23,427	26,665
SFI Rate	5,064	11,222	13,586
Annual Shortfall for SFI Recipients	(10,687)	(12,205)	(13,079)
LICO (Communities of 500,000 or more)	17,571	27,315	33,063
SFI Rate as a % of Cost of Living	32%	49%	51%

Table 8: The Cost of Living in Region 5

Region 5 Communities: Carstairs, Didsbury, Drumheller, Hanna, Strathmore, Three Hills.

Item	\$ Per Year		
	Single Female	Lone Female Parent Family	2 Parent Family
Shelter	4,860	5,660	5.976
Food	1,719	4,530	6,644
Communication	443	685	849
Household operation	885	1,371	1,698
Clothing	664	1,028	1,273
Health and personal care	767	1,188	1,471
Recreation and reading material	826	1,279	1,585
Education	207	320	396
Miscellaneous expenses	679	1,051	1,302
Transportation	3,660	3,660	3,660
Total Region 5 Cost of Living	14,710	20,772	24,854
SFI Rate	5,064	11,222	13,586
Annual Shortfall for SFI Recipients	(9,646)	(9,550)	(11,268)
LICO (Communities of less than 30,000)	13,924	21,647	26,205
SFI Rate as a % of Cost of Living	34%	54%	55%

Table 9: The Cost of Living in Region 6

Region 6 Communities: Blackfalds, Bowden, Innisfail, Lacombe, Olds, Penhold, Ponoka, Red Deer, Rimbey, Rocky Mountain House, Sylvan Lake, Sundre.

Item		\$ Per Year	
	Single Female	Lone Female Parent Family	2 Parent Family
Shelter	5,412	6,384	7,320
Food	1,570	4,126	6,052
Communication	470	707	899
Household operation	939	1,414	1,799
Clothing	704	1,060	1,349
Health and personal care	814	1,225	1,559
Recreation and reading material	877	1,320	1,679
Education	219	330	420
Miscellaneous expenses	720	1,084	1,379
Transportation	2,642	2,814	3,019
Total Region 6 Cost of Living	14,367	20,464	25,475
SFI Rate	5,064	11,222	13,586
Annual Shortfall for SFI Recipients	(9,303)	(9,242)	(11,889)
LICO (Communities of less than 30,000)	13,924	21,647	26,205
SFI Rate as a % of Cost of Living	35%	55%	53%

Table 10: The Cost of Living in Region 7

Region 7 Communities: Camrose, Provost, Stettler, Vermilion, and Wainwright.

Item	\$ Per Year		
	Single Female	Lone Female Parent Family	2 Parent Family
Shelter	4,836	5,460	5,964
Food	1,655	4,321	6,323
Communication	437	658	826
Household operation	873	1,316	1,653
Clothing	655	987	1,240
Health and personal care	757	1,140	1,433
Recreation and reading material	815	1,228	1,543
Education	204	307	386
Miscellaneous expenses	669	1,009	1,267
Transportation	3,660	3,660	3,660
Total Region 7 Cost of Living	14,561	20,086	24,295
SFI Rate	5,064	11,222	13,586
Annual Shortfall for SFI Recipients	(9,497)	(8,864)	(10,709)
LICO (Communities of less than 30,000)	13,924	21,647	26,205
SFI Rate as a % of Cost of Living	35%	56%	56%

Table 11: The Cost of Living in Region 8

Region 8 Communities: Edson, Evansburg, Hinton, and Jasper.

Item	\$ Per Year		
	Single Female	Lone Female Parent Family	2 Parent Family
Shelter	5,496	6,432	7,548
Food	1,710	4,525	6,645
Communication	485	737	955
Household operation	969	1,474	1,909
Clothing	727	1,106	1,432
Health and personal care	840	1,277	1,655
Recreation and reading material	905	1,376	1,782
Education	226	344	446
Miscellaneous expenses	743	1,130	1,464
Transportation	3,660	3,660	3,660
Total Region 8 Cost of Living	15,761	22,061	27,496
SFI Rate	5,064	11,222	13,586
Annual Shortfall for SFI Recipients	(10,697)	(10,839)	(13,910)
LICO (Communities of less than 30,000)	13,924	21,647	26,205
SFI Rate as a % of Cost of Living	32%	51%	49%

Table 12: The Cost of Living in Region 9

Region 9 Communities: Drayton Valley, Wetaskiwin.

Item		\$ Per Year	
	Single Female	Lone Female Parent Family	2 Parent Family
Shelter	4,740	5,604	6,024
Food	1,632	4,259	6,269
Communication	429	663	827
Household operation	857	1,327	1,654
Clothing	643	995	1,240
Health and personal care	743	1,150	1,433
Recreation and reading material	800	1,238	1,544
Education	200	885	386
Miscellaneous expenses	657	1,017	1,268
Transportation	3,660	3,660	3,660
Total Region 9 Cost of Living	14,361	20,798	24,305
SFI Rate	5,064	11,222	13,586
Annual Shortfall for SFI Recipients	(9,297)	(9,576)	(10,719)
LICO (Communities of less than 30,000)	13,924	21,647	26,205
SFI Rate as a % of Cost of Living	35%	54%	56%

Table 13: The Cost of Living in Region 10

Region 10 Communities: Edmonton and area.

Item	\$ Per Year		
	Single Female	Lone Female Parent Family	2 Parent Family
Shelter	5,616	6,912	7,872
Food	1,616	4,126	6,110
Communication	547	742	941
Household operation	1,094	1,485	1,881
Clothing	820	1,114	1,411
Health and personal care	948	1,287	1,630
Recreation and reading material	1,021	1,386	1,756
Education	255	346	439
Miscellaneous expenses	839	1,138	1,442
Transportation	585	931	1,435
Total Region 10 Cost of Living	14,241	19,467	24,917
SFI Rate	5,064	11,222	13,586
Annual Shortfall for SFI Recipients	(9,177)	(8,245)	(11,331)
LICO (Communities of 500,000 or more)	17,571	27,315	33,063
SFI Rate as a % of Cost of Living	36%	58%	55%

Table 14: The Cost of Living in Region 11

Region 11 Communities: Athabasca, Barrhead, Calling Lake, Morinville, Smith, Swan Hills, Westlock, and Whitecourt.

Item		\$ Per Year	
	Single Female	Lone Female Parent Family	2 Parent Family
Shelter	5,004	5,748	6,444
Food	1,609	4,280	6,281
Communication	445	675	856
Household operation	890	1,349	1,712
Clothing	667	1,012	1,284
Health and personal care	771	1,169	1,484
Recreation and reading material	830	1,259	1,598
Education	208	315	399
Miscellaneous expenses	682	1,034	1,312
Transportation	3,660	3,660	3,660
Total Region 11 Cost of Living	14,776	20,501	25,030
SFI Rate	5,064	11,222	13,586
Annual Shortfall for SFI Recipients	(9,712)	(9,279)	(11,444)
LICO (Communities of less than 30,000)	13,924	21,647	26,205
SFI Rate as a % of Cost of Living	34%	55%	54%

Table 15: The Cost of Living in Region 12

Region 12 Communities: Bonnyville, Cold Lake, Elk Point, Fort Saskatchewan, Lac La Biche, Lamont, Mundare, Redwater, Smoky Lake, St. Paul, Two Hills, Vegreville.

Item	\$ Per Year		
	Single Female	Lone Female Parent Family	2 Parent Family
Shelter	4,500	5,232	5,724
Food	1,713	4,502	6,485
Communication	418	655	821
Household operation	836	1,310	1,642
Clothing	627	982	1,232
Health and personal care	724	1,135	1,423
Recreation and reading material	780	1,222	1,533
Education	195	306	383
Miscellaneous expenses	641	1,004	1,259
Transportation	3,660	3,660	3,660
Total Region 12 Cost of Living	14,094	20,008	24,162
SFI Rate	5,064	11,222	13,586
Annual Shortfall for SFI Recipients	(9,030)	(8,786)	(10,576)
LICO (Communities of less than 30,000)	13,924	21,647	26,205
SFI Rate as a % of Cost of Living	36%	56%	56%

Table 16: The Cost of Living in Region 13

Region 13 Communities: Beaverlodge, Fairview, Grande Cache, Grande Prairie, Grimshaw, Sexsmith, Spirit River, and Valleyview.

Item	\$ Per Year		
	Single Female	Lone Female Parent Family	2 Parent Family
Shelter	6,120	6,972	7,548
Food	1,622	4,279	6,290
Communication	521	757	931
Household operation	1,042	1,514	1,862
Clothing	781	1,135	1,396
Health and personal care	903	1,312	1,613
Recreation and reading material	972	1,413	1,738
Education	243	353	434
Miscellaneous expenses	799	1,160	1,427
Transportation	2,094	2,262	2,599
Total Region 13 Cost of Living	15,097	21,157	24,225
SFI Rate	5,064	11,222	13,586
Annual Shortfall for SFI Recipients	(10,033)	(9,935)	(10,639)
LICO (Communities of less than 30,000)	13,924	21,647	26,205
SFI Rate as a % of Cost of Living	34%	53%	56%

Table 17: The Cost of Living in Region 14

Region 14 Communities: Falher, Manning, McLennan, and Peace River.

Item	\$ Per Year		
	Single Female	Lone Female Parent Family	2 Parent Family
Shelter	5,256	5,916	7,056
Food	1,777	4,709	6,950
Communication	473	715	942
Household operation	946	1,429	1,884
Clothing	710	1,072	1,413
Health and personal care	820	1,239	1,633
Recreation and reading material	883	1,334	1,759
Education	221	334	440
Miscellaneous expenses	725	1,096	1,445
Transportation	3,660	3,660	3,660
Total Region 14 Cost of Living	15,471	21,504	27,182
SFI Rate	5,064	11,222	13,586
Annual Shortfall for SFI Recipients	(10,407)	(10,282)	(13,596)
LICO (Communities of less than 30,000)	13,924	21,647	26,205
SFI Rate as a % of Cost of Living	33%	52%	50%

Table 18: The Cost of Living in Region 15

Region 15 Communities: High Prairie, Slave Lake.

Item	\$ Per Year		
	Single Female	Lone Female Parent Family	2 Parent Family
Shelter	6,504	7,524	8,940
Food	1,664	4,454	6,541
Communication	549	806	1,041
Household operation	1,099	1,611	2,083
Clothing	824	1,208	1,562
Health and personal care	952	1,396	1,805
Recreation and reading material	1,026	1,504	1,944
Education	256	376	486
Miscellaneous expenses	842	1,235	1,597
Transportation	3,660	3,660	3,660
Total Region 15 Cost of Living	17,376	23,771	29,659
SFI Rate	5,064	11,222	13,586
Annual Shortfall for SFI Recipients	(12,312)	(12,549)	(16,073)
LICO (Communities of less than 30,000)	13,924	21,647	26,205
SFI Rate as a % of Cost of Living	29%	47%	46%

Table 19: The Cost of Living in Region 16

Region 16 Communities: Regional Municipality of Wood Buffalo.

Item		\$ Per Year	
	Single Female	Lone Female Parent Family	2 Parent Family
Shelter	7,584	8,724	9,276
Food	1,702	4,500	6,583
Communication	625	890	1,067
Household operation	1,249	1,779	2,133
Clothing	937	1,334	1,600
Health and personal care	1,083	1,542	1,849
Recreation and reading material	1,166	1,660	1,991
Education	291	415	498
Miscellaneous expenses	958	1,364	1,636
Transportation	3,660	3,660	3,660
Total Region 16 Cost of Living	19,255	25,868	30,293
SFI Rate	5,064	11,222	13,586
Annual Shortfall for SFI Recipients	(14,191)	(14,646)	(16,707)
LICO (Communities of 30,000 to 99,999)	14,965	23,264	28,162
SFI Rate as a % of Cost of Living	26%	43%	45%

Table 20: The Cost of Living in Region 17

Region 17 Communities: Assumption, Fort Vermillion, High Level, La Crete, and Rainbow lake

Item	\$ Per Year		
	Single Female	Lone Female Parent Family	2 Parent Family
Shelter	6,816	7,668	9,144
Food	1,823	4,807	7,067
Communication	581	839	1,090
Household operation	1,162	1,678	2,181
Clothing	872	1,259	1,636
Health and personal care	1,007	1,554	1,890
Recreation and reading material	1,085	1,566	2,035
Education	271	392	509
Miscellaneous expenses	891	1,287	1,672
Transportation	3,660	3,660	3,660
Total Region 17 Cost of Living	18,168	24,710	30,884
SFI Rate	5,064	11,222	13,586
Annual Shortfall for SFI Recipients	(13,104)	(13,488)	(17,298)
LICO (Communities of less than 30,000)	13,924	21,647	26,205
SFI Rate as a % of Cost of Living	28%	45%	44%

Table 21: The Cost of Living in Region 18

Region 18 Communities: Buffalo Lake, East Prairie, Elizabeth, Fishing Lake, Gift Lake, Kikino, Paddle Prairie, Peavine.

Item		\$ Per Year	
	Single Female	Lone Female Parent Family	2 Parent Family
Shelter	5,664	6,471	7,443
Food	1,714	4,521	6,604
Communication	496	739	945
Household operation	993	1,479	1,890
Clothing	744	1,109	1,417
Health and personal care	860	1,282	1,639
Recreation and reading material	926	1,380	1,764
Education	232	345	441
Miscellaneous expenses	761	1,134	1,449
Transportation	3,660	3,660	3,660
Total Region 18 Cost of Living	16,050	22,120	27,251
SFI Rate	5,064	11,222	13,586
Annual Shortfall for SFI Recipients	(10,986)	(10,898)	(13,665)
LICO (Communities of less than 30,000)	13,924	21,647	26,205
SFI Rate as a % of Cost of Living	32%	51%	50%