

FAMILY STUDIES DEPARTMENT
FACULTY OF HOME ECONOMICS
UNIVERSITY OF ALBERTA

FAMILY 241 FAMILY DEVELOPMENT
FALL, 1984

FAM 241 Family Development #3 (First Term, 3-0-0)
Introduction to the study of the family using the
family developmental framework. Note: Open only to
Home Economics students. Not open to students who
have taken SOC 371.

Class Meeting: T - Th 11:00 - 12:20 G.S. 859
Instructor: Dr. D. K. Kieren
Room: 809 General Services Building
Telephone: 432-5770

Final Exam - Tuesday, December 18 - 11:00 a.m.

OBJECTIVES

Upon completion of this course students should be able to:

- a) Identify and use key reference books in the family area.
- b) Utilize library resources effectively.
- c) Describe the basic aims and processes involved in the scientific study of families.
- d) Describe the basic concepts and assumptions of the family developmental framework.
- e) Discuss relevant issues for Canadian families at every stage of the family life cycle.
- f) Demonstrate a basic understanding of key family developmental issues in written or oral presentation.
- g) Analyze a given family utilizing the family developmental framework.
- h) Contrast the Canadian and American family using demographic variables.
- i) Describe the nature of the family studies program and several career possibilities.

REQUIRED BOOKS

Aldous, J. (1978). Family careers: Developmental change in families. New York: Wiley.

Baker, M. (Ed.) (1984). The family: Changing trends in Canada. Toronto: McGraw-Hill.

Class Notes FAM 241/1984 - Packet.

BOOKS ON RESERVE IN UNDERGRAD RESERVE ROOM

Aldous, J. (1978). Family careers: Developmental change in families. New York: Wiley.

Duvall, E. (1977). Marriage and family development. (5th ed.). Philadelphia: Lippincott.

Rodgers, R. (1973). Family interaction and transaction: The developmental framework. Englewood Cliffs, NJ: Prentice-Hall.

A historical profile of the Alberta family. (1981). Edmonton: Alberta Bureau of Statistics (Govt. Document on reserve in 3rd floor Cameron)

Eichler, M. (1983). Families in Canada today. Toronto: Gage.

Olson, D. & McCubbin, H. et. al. (1983). Families: What makes them work. Beverly Hills: Sage.

DATE	TOPIC	READING OR ASSIGNMENT
T Sept. 11	Course Overview Introductions State of the Family Report-1984	<u>Optional</u> : Eichler-Chapt. 1 Class Notes: Packet, pp. 20-23
Th Sept. 13	The Canadian Family Trends over Time	Baker - Chapter 2 - Chapter 4 <u>Optional</u> : History of Alberta Family
T Sept. 18	Family Study - scientific vs common sense - disciplinary emphasis - applications	Baker - Chapter 1, pp. 1-20 Answer Chapter Questions
Th Sept. 20	Conceptual Approaches for Family Study - what are they - how are they used	Review Baker - p. 10-13 Aldous - Introduction Chapter 1 Discuss Library Assignment Home Economics: New Directions Notes p. 35-37
T Sept. 25	The Developmental Framework: the Family as a Social System	Aldous - Chapter 2 Class Notes: pp. 25-33
Th Sept. 27	:Family Roles	Aldous - Chapter 3 Olson - Chapter 1 Class Notes: pp. 29-30
T Oct. 2	:Family Life Cycle	Aldous - Chapter 4 Olson - Chapter 2 Class Notes: pp. 24, 27-28
Th Oct. 4	:Developmental Task Concepts Film: Development of the Child	Aldous - Chapter 5 Olson - pp. 114-134 Class Notes: pp. 31, 44-54
T Oct. 9	:Review & Application of the Conceptual Framework	Discuss Essay Assignment Class Problems: Class Notes pp. 39-54

DATE	TOPIC	READING OR ASSIGNMENT
Th Oct. 11	The Newly Established Couple: The Stage	Aldous - Chapter 6 *Opt: Duvall - Chapter 9 *Olson: pp. 207-208
T Oct. 16	Developmental Issues: Newly Established Couple Film: Make Believe Marriage	Baker - Chapter 10 Eichler - Chapter 5
Th Oct. 18	Mid Term Exam	
T Oct. 23	Developmental Issues: The Childbearing Stage	Aldous - Chapter 12 Optional - Eichler-Chapt 8 Olson - pp. 208-209
Th Oct. 25	Childbearing Stage	Aldous - Chapter 7 Aldous - Chapter 11 Aldous - pp. 305-307 Optional: Duvall 10 & 11 Outline due for Review
T Oct. 30	Families with School Children: The Stage	Aldous - pp. 307-311 Optional - Duvall - Chapt 12
Th Nov. 1	Developmental Issues: Families with School Age Children Film: Children of Our Time	Aldous - Chapter 8 Baker - Chapter 5
T Nov. 6	Families with Secondary School Age Children - The Stage	Aldous - Chapter 13 Optional - Duvall - Chapt 13
Th Nov. 8	Developmental Issues: Families with Secondary School Age Children Film: Dear Diary	Aldous - pp. 311-313 Baker - Chapter 3 Olson - pp. 210-212; pp. 219-231
T Nov. 13	Families with Young Adults: The Stage	Re-read pp. 257-260 *Optional - Duvall-Chapt 14

DATE	TOPIC	READING OR ASSIGNMENT
Th Nov. 15	Developmental Issues: Families with Young Adults Film: Conspiracy of Silence	Aldous - Chapter 15 Baker - Chapter 6
T Nov. 20	Families in Middle Years: The Stage	Aldous - Chapter 9 Review Aldous - pp. 172-177 187-193 Optional - Duvall - Chapt 15
Th Nov. 22	Developmental Issues: Families in Middle Years Film: Letting Go	Baker - Chapter 8 Aldous - Chapter 14
T Nov. 27	Aging Stage	Aldous - Chapter 10 Aldous - pp. 313-319 Optional - Duvall 16 & 17
Th Nov. 29	Developmental Issues: The Aging Stage Film or Speakers	Review Aldous - pp. 186-194 Baker - Chapter 7 Olson - pp. 34, 127-130, 212
T Dec. 4	Evaluating the Framework	Baker - Chapter 9
Th Dec. 6	The Family - The Future	Aldous - Chapter 17 Baker - Chapter 11
FINAL EXAM 11 A.M., TUES., DECEMBER 18, 1984		

ASSIGNMENT	DATE DUE	WEIGHT
Laboratory Assignment	By mid-term	Examined at mid-term
Mid-term	October 16	30%
Essay	November 13	40%
Final Exam	December 18	30%

DEPARTMENT OF FAMILY STUDIES
FACULTY OF HOME ECONOMICS
UNIVERSITY OF ALBERTA

FAMILY 540: MANAGEMENT OF FAMILY RESOURCES
WINTER, 1985

CLASS: Tuesday - Thursday, 9:30-10:50 A.M.

LOCATION: E344

LABS: B₂T 1530 - 1650 GS 711

B₂R 800 - 920 GS 711

B₄R 1530 - 1650 GS 722

INSTRUCTOR: Bette Wachowich, M.Sc.

OFFICE: 808 General Services Building

PHONE: 432-5771 or 474-7395

COURSE DESCRIPTION: Family 340: Management of Family Resources. (*3-0-1.5)
Introduction to the principles of management as applied to the use of family resources.

TEXTS

Deacon, Ruth E. and Francille M. Firebaugh. Family Resource Management: Principles and Applications. Boston, Mass.: Allyn and Bacon Inc., 1981.

Blanchard, Kenneth and Spencer Johnson. The One Minute Manager. New York: Berkley Books, 1983.

COURSE OBJECTIVES

The course will provide the opportunity for the students to:

1. explore and understand fundamental management concepts as they relate to the family as a reward seeking system,
2. understand the interdependence of the family system with other societal systems - the interplay of resources,
3. identify and understand the varied resources available to members of a family,
4. identify and clarify the pluralistic values and goals that are operative in a family,
5. become familiar with the process of decision making in the family,
6. analyze specific family situations with the view to understanding differences in the availability and use of family resources.
7. analyze and apply management strategies in laboratory situations.

PROPOSED COURSE OUTLINE

<u>DATE</u>	<u>PART 1 - PURPOSE & SETTING</u>	<u>DISCUSSION MATERIALS - REQUIRED READINGSS</u>
Jan. 8	Introduction - The family as a system in a changing world Identification & classification of resources (individual, family) What is family resource mangement?	Deacon & Firebaugh Ch. 1

<u>DATE</u>	<u>PART 1 - PURPOSE & SETTING (Cont'd)</u>	<u>DISCUSSION MATERIALS - REQUIRED READINGS</u>
Jan. 10	Motivation for Family Resource Management The Family Systems Approach Ecosystems and the Family	Deacon & Firebaugh, Ch. 3 Ch. 2 Bubolz, M., J. Eicher, M. Sontag, <u>The Human Ecosystem: A Model</u> , Home Economics, 1979 (Spring). Andrews, M., M. Bubolz, B. Paolucci, <u>An Ecological Approach to Study of the Family</u> , Marriage & Family Review, 1980 (Summer).
	<u>PART 2 - MANAGEMENT SYSTEM COMPONENTS</u>	
Jan. 15	Elements of Family Resource Management e.g. time, energy, leisure, finances, housing, furnishings & equipment, food, clothing, transportation. Family Resource Management as a System	Deacon & Firebaugh, Ch. 4 Baker, H. <u>Management: A Vital Force for Families</u> , Journal of Home Economics, 1979 (Winter).
Jan. 17	Inputs - values, goals, events Constraints on Management	Deacon & Firebaugh, Ch. 5 Champagne Gilbert, M. <u>Family Values, A primary political force</u> , Vanier Institute of the Family, 1981-82. Larson, J. <u>Values and the Family</u> , Family Life, 1980 (April) Piercy, F. and Kay Schultz, <u>Values Clarification Strategies for Couples Enrichment</u> , Family Coordinator, April, 1978
Jan. 22	Resources as inputs Identification & Classification of Resources - what are they, how are they valued & used? Personal vs. Family Resources	Deacon & Firebaugh, Ch. 6 Leginski, P. <u>Building Strong Families - Resources as the Building Blocks</u> , Canadian Home Economics Journal, 1982 (Winter)

- Jan. 24 The Managerial Process
Planning, Organizing,
Implementing
Deacon & Firebaugh, Ch. 7,8
Beard, D. & Francille
Firebaugh, Morphostatic
and Morphogenic Planning
Behavior in Families.
Home Ec. Research Journal,
1977-78.
- Bajus, B. Planning,
Decision Making About the
Future, Canadian Home
Ec. Journal, Summer, 1984
- Jan. 29 Communication in Families
Interpersonal Communication
Intersystem Communication
Deacon & Firebaugh, Ch. 10
- Montgomery, B. The Form
and Function of Quality
Communication in Marriage,
Family Relations, 1981 (Jan)
- Jan. 31 Family Decision Making
- a problem solving approach
- a look at power & control
Deacon & Firebaugh, Ch. 9
- Jevne, R. Stress Reduction
through ReDecision,
Canadian Home Economics
Journal, Winter, 1981
- Ferber, R. Family Decision
Making & Economics
Behavior, A Review -Ferber, R.
- Feb. 5 Evaluation of Family Resource
Management Processes
Constraints on Management
Family characteristics
affecting management
Deacon & Firebaugh, Ch. 11
- Bird, G., M. Scruggs
Role - Management Strategies
Used by Husbands & Wives
in Two-Earner Families,
Home Economics Research
Journal, 1983 (Sept.)
- PART 3 - APPLICATION TO FAMILY RESOURCES
- Feb. 7 Effective Personal and Family
Resource Management
The psychology of winning as a
manager
Blanchard & Johnson
The One Minute Manager

- Feb. 12 Financial Management
Speaker: Norma Mitchell
Alberta Consumer & Corporate
Affairs
Deacon & Firebaugh, Ch. 12
Barnes, E. Personal
Financial Management,
Canadian Home Economics
Journal, Summer, 1983,
Berry, R. Credit Debt
and the Canadian Family,
Canadian Home Economics
Journal, Spring, 1981.
- Feb. 14 MID-TERM EXAM
- Feb. 26 Management of Household work
What is housework?
Who does it?
Deacon & Firebaugh, Ch. 13
Sydie, R.A. Perspectives
on Housework and House-
wifery, Canadian Home
Economics Journal,
January, 1979.
- Feb. 28 Time Management
Schlesinger, B. and
R. Schlesinger, Juggling
Careers - A View from
Both Sides, Canadian
Home Economics Journal,
Summer, 1983.
Cormier, R. Time Management,
Canadian Home Economics
Journal, Summer, 1985.
Smith, T. The Employed
Homemaker: Problems of
Time Management, Canadian
Home Economics Journal,
Summer, 1980.

PART 4 - MANAGEMENT IN SPECIFIC FAMILY SITUATIONS

- March 5 Family Life Cycle - relationship
to competent family resource
management adjustments
Focus on Young families
Deacon & Firebaugh, Ch. 14
Boss, P. Normative Family
Stress: Family Boundary
Changes Across the Life-
Span, Family Relations,
(Oct., 1980)

- March 7 Families in the "Middle Years"
The Elderly Family - Special
Resource Issues
Deacon & Firebaugh, Ch. 15
Cotton, W. Financial
Planning for Retirement,
Can. Home Economics Journal,
Summer, 1983.
- March 12 Families with Handicapped Members
Adaptation of Available Resources
Speakers: Catherine Gunter
Sandra Chomicki
or Davis, Ann, Whoever Said
Life Begins at 40 was a
Fink, International Journal
of Women's Issues, 1980.
- March 14 Single-Parent Families
- Single-Parent Mothers
- Single-Parent Fathers
Do resource management decisions
differ? Should they?
Deacon & Firebaugh, Ch. 17
Verzaro, M. C. Hennon,
Single-Parent Families,
Myth & Reality, J.H.E.
1980 (Fall).
- March 19 Dual-Career Families
Resource Management Issues
Skinner, D. Dual-Career
Family Stress & Coping,
Family Relations, 1980 (Oct.)
Hicks, M. S. Hansen, L. Christie,
Dual Career - Dual-Work
Families: A Systems Approach.
Contemporary Families &
Alternate Lifestyles, edited
by E. Macklin & R. Rubin,
Sage Publications, 1983.
- March 21 Low Income Families
Families in Poverty
Resource Management Issues
Deacon & Firebaugh, Ch. 18
Bagarozzi, J. D. Bagarozzi,
Financial Counseling: A Self
Control Model for the Family,
Family Relations, 1980 (July).
- March 26 Family Resource Management
During Family Crisis
Situations
- illness - divorce-death
- family violence
Stress management in families
Laster, J. Toward an
Understanding of Stress,
Journal of Home Economics,
1981 (Fall).
Tanner, P. C. Nelson.
Personal and Family Stress
Management, Journal of
Home Economics, 1981 (Fall).

March 28 Family & Societal
Resource Management
What does the future hold?

Hogan, J. Changing our
Energy Behavior, Home
Economics, 1978 (May).

April 2-
4-9-11 Student Presentations

Family Studies Department
University of Alberta

Family 357
Human Sexuality

Winter 1984-85

Instructors: Dr. Dianne Kieren
809 General Services Bldg.
Telephone: 432-5770

Dr. Norah Keating
807 General Services Bldg.
Telephone: 432-4191

Course Description: An inquiry into the nature of sexual behavior, its personal and cultural sources and its personal, familial and societal implications.

Class Meeting: T-Th 11:00-12:20
Room Dental Pharmacy 1030

Objectives

The major objective of this course is to provide you with opportunities to explore the area of human sexuality in order to:

- a. Understand your own sexuality including gender related activity, sex related behavior and the place of sexuality within your general social functioning.
- b. Recognize the variety of human sexual behavior and contemporary North American norms.
- c. Identify your beliefs and feelings associated with specific sexual issues such as sex education, contraception, prostitution, masturbation.
- d. Demonstrate an understanding of the physiological, psychological and social aspects of human sexual response.
- e. Demonstrate an understanding of the elements which contribute to a person's sexual behavior such as needs and desires, norms and expectations, cultural expectations, personal decision making.
- f. Develop an understanding of the concept of healthy sexual relationships.

Required Texts

Hyde, Janet. Understanding Human Sexuality. 2nd edition. McGraw-Hill, 1982.

Herold, Edward. Sexual behavior of Canadian young people. Markham, Ontario: Fitzhenry & Whiteside, 1984.

<u>Assignments</u>	<u>Weight</u>	<u>Written</u>
I. <u>First Test</u>	30%	February 14
II. <u>Second Test</u>	35%	March 21
III. <u>Final Exam</u>	35%	April 18

Course Outline

Date	Topic	Readings
	I. <u>Sexuality in Context</u>	
Jan. 8	The personal context	
Jan. 10	The historical context	Herold, Chapter 6
Jan. 15	The socio-cultural and theoretical context	Herold, Chapter 1 Hyde, Chapter 1
Jan. 17	The ethical/religious context Guests: Ken Higginbotham, and Ron Poirier	Hyde, Chapter 20
Jan. 22	The legal context Guest: Victor Leginsky	Hyde, Chapter 21
	II. <u>Development of Sexual Identity</u>	
Jan. 24	Sex differentiation	Hyde, Chapters 2, 3, 4
Jan. 29	Sex role identification	Hyde, Chapter 13
	III. <u>Human Sexual Functioning</u>	
Jan. 31	Male and female physiology	Hyde, Chapter 14
Feb. 5	Sexual functioning over the life cycle: childhood and adolescence Film: I'm 17, pregnant and don't know what to do	Herold, Chapter 3 Hyde, Chapter 10
Feb. 7	Sexual functioning over the life cycle: adulthood and aging	Hyde, Chapter 11
Feb. 12	FIRST TEST	
Feb. 14	Conception, pregnancy and birth Filmstrips: Human Birth; Life before Birth	Herold, Chapter 10 Hyde, Chapter 5
Feb. 18-24	READING WEEK	

Date	Topic	Readings
Feb. 26	Birth planning Guest: Mary Hinings	Herold, Chapters 7, 8, 9 Hyde, Chapter 6
	<u>IV. Sexual Relationships</u>	
Feb. 28	Dimensions of positive sexual relationships	Hyde, Chapters 12, 16 and 18
Mar. 5	Sexual response cycle Film: Sexuality and Communication	Hyde, Chapters 7, 8
Mar. 7	Heterosexual relationships	Herold, Chapter 2
Mar. 12	Homosexual relationships Guest: Charles Bidwell Film: A Gay Son	Herold, Chapter 4 Hyde, Chapter 15
Mar. 14	Sexual relationships in special conditions Guests: Benita and Orville Fifield	SIECCAN Newsletter 16, 2 (1981) Special Edition Sexuality & Disability page 1-8
Mar. 19	Education for sexuality Guest: Loretta Foley	Herold, Chapters 12 & 13 Hyde, Chapter 22
Mar. 21	SECOND TEST	
	<u>V. Sexual Issues</u>	
Mar. 26	Current issues in human sexuality	Herold, Chapter 5 Hyde, Chapter 23 Hyde, Chapter 17
Mar. 28	Sexual assault and abuse Guest: Duanita Eleniak	
April 2	Sexually transmitted diseases Guest: Bertha Kress.	Herold, Chapter 11 Hyde, Chapter 19
April 4	Pornography and censorship Guest: Lynn Kustra	Report on pornography and prostitution
April 9	Pornography Film: Not A Love Story	

Date	Topic	Readings
April 11	Technological issues in sexuality	Grobstein C., Flower, M. & Mendeloff, J. External human fertilization: An evaluation of policy. <u>Science</u> , 222, 1983, 127-133.
April 18	900 FINAL EXAM	